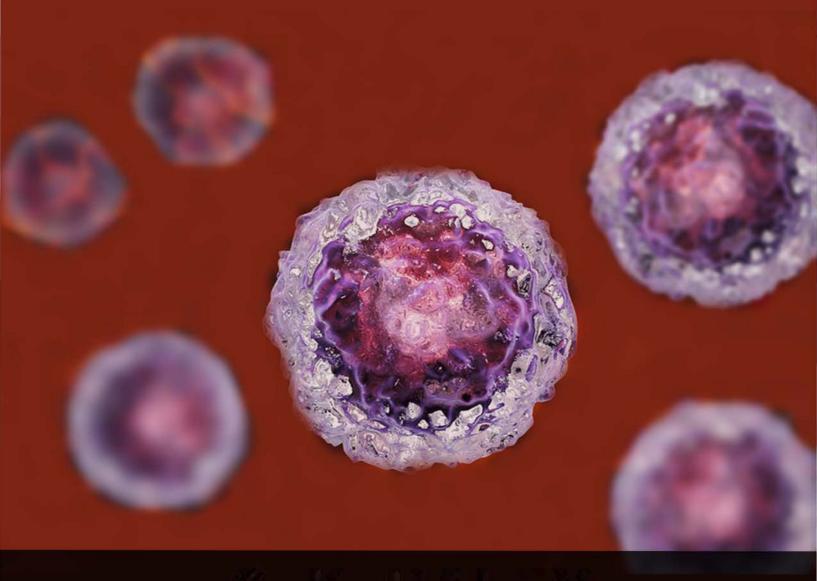
# STEM CELL REPORT

Unlocking Your Stem Cells is the Key to Living a Longer, Healthier Life



Presented by: Mike Staehling

The critical role **Adult Stem Cells** play in a person's overall health, well-being, and longevity, ranks as one of the most exciting scientific discoveries made in the past fifty years.

Massive amounts of scientific and clinical research around the world (over 6,400 studies to date), is consistently showing how Adult Stem Cells can help combat almost any condition caused by the degradation or damage to the body's cells as we age.

What's even more intriguing is this research is showing that the potential actually exists to use your own Adult Stem Cells to mitigate or even reverse this degradation.

Before you read this report, ask yourself one question: "If the possibility of substantially extending both the length and quality of your life in a functional and healthy manner were within your reach, would this be of interest to you?"

Well, as you are about to discover, Stem Cell applications are already proven to provide substantial life-changing benefits by effectively rewinding our biological clocks by 10 or even 20 years.

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# AGING IS THE GREATEST PROBLEM FOR OUR ADULT STEM CELL PRODUCTION

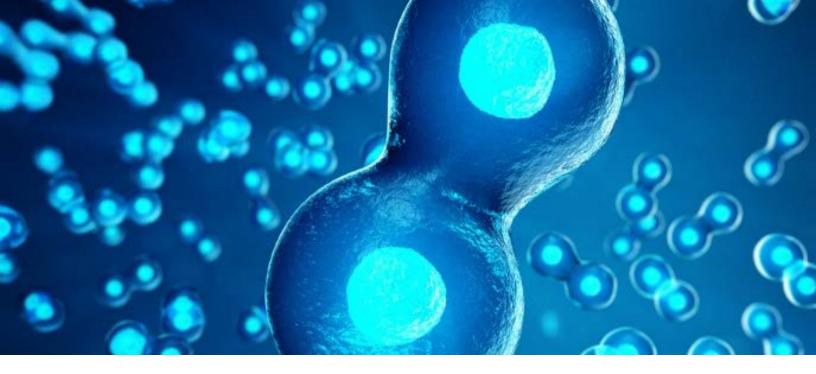


There is one inescapable fact regarding our circulating Adult Stem Cell levels that becomes more and more problematic as we age. While we will cover this subject in detail a little later, here is the simple English explanation:

While your need for Adult Stem Cells increases dramatically as you age, the older you get, the fewer Adult Stem Cells your body releases into your bloodstream.

#### So, what is a Stem Cell?

While you have likely heard the term "Stem Cell" in the past, you might not know exactly what a Stem Cell is.



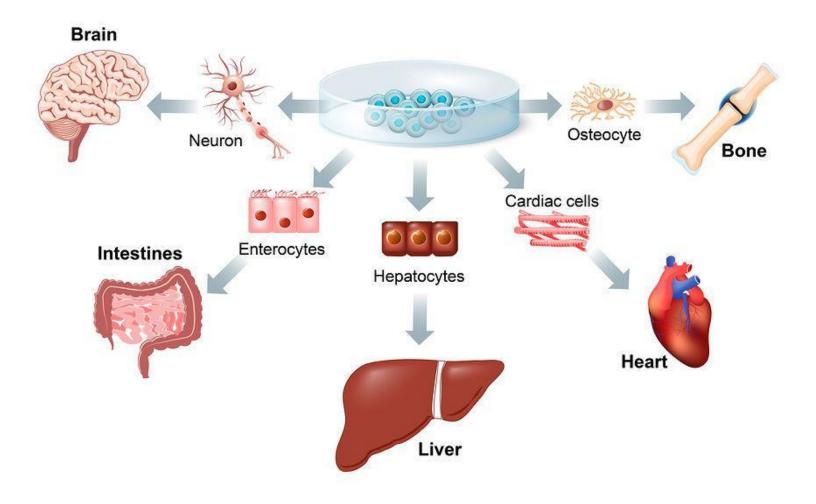
The National Institute of Health defines it like so: "Stem Cells have the remarkable potential to develop into many different Cell types in the body. Serving as a sort of repair system for the body, they can theoretically divide without limit or replenish other Cells as long as the person is still alive. When a Stem Cell divides, each new Cell has the potential to remain either a Stem Cell or become another type of Cell with a more specialized function, such as a muscle Cell, a red blood Cell or a brain Cell".

Adult Stem Cells, like all Stem Cells, share at least two characteristics. First, they can make identical copies of themselves for long periods of time; this ability to proliferate is referred to as long-term self-renewal. Second, Stem Cells, unlike any other Cells in the body, can either self-renew as Stem Cells or differentiate into many other different kinds of Cells.

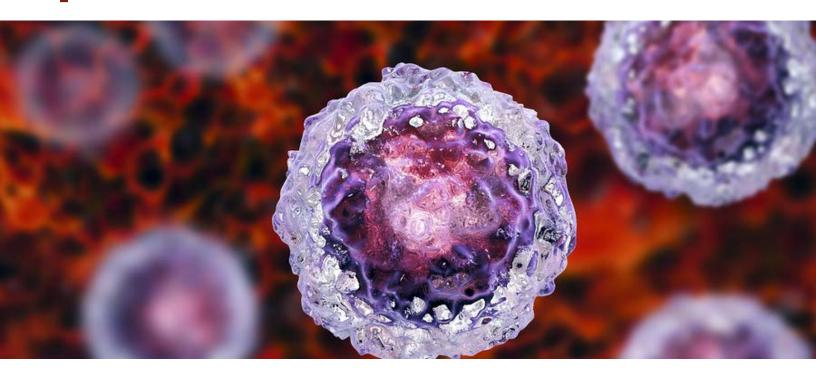
An article in The New England Journal of Medicine (published in 2006) stated that the number one indicator of anyone's wellness is directly correlated to the number of Adult Stem Cells in the blood stream.

As you read this report, we will demonstrate how simple it is to see a dramatic increase in the number of Stem Cells circulating in your own body and how incredible the resulting benefits can be--all without spending \$7,000 to \$30,000 (or a lot more) at a "Stem Cell Therapy Clinic" or a similar for-profit facility.

#### STEM CELL



# MAXIMIZING ADULT STEM CELL CIRCULATION



In humans, there are currently two very different methods that can be used to introduce or maximize the number of Stem Cells that are circulating inside the body.

As you are about to learn, method one is medically/surgically based and can be extremely expensive. Method two, on the other hand, is very inexpensive as it utilizes the totally natural, wonderous botanical gifts that nature has provided us all with.

#### **Method #1: Stem Cell Therapy**

The first method is collectively known as "Stem Cell Therapy" and it encompasses many distinctly different approaches.

Basically, Stem Cell Therapy is a surgical procedure that involves injecting Stem Cells from any of the following sources into the patient's body:

Embryonic Stem Cells harvested from human fetuses.

Placental Stem Cell harvested from sheep.

Adult Stem Cells harvested from the patient's own body and then reinjected at the site of an injury.

Stem Cells harvested from babies' umbilical cords.

These surgical procedures are carried out in hundreds of Stem Cell Therapy clinics all over the world and there are well over 500 of them in the USA alone. These clinics offer interventions for sports injuries along with many different medical conditions like Autism, Multiple Sclerosis, and Alzheimer's Disease.

Like any other surgical procedure, some patients experience a great result and others experience a poor or negative result.

While these procedures produce widely varying results, all of them have one major drawback in common.



#### They range in cost from expensive to VERY EXPENSIVE.

While the minimum cost of \$7,000 is affordable for some people, **the average cost is \$30,000** and the high end can be over \$100,000, which puts this option totally out of the financial reach of the average person.

If the expense of Stem Cell Therapy has you thinking, "No way can I afford this," we have some VERY good news for you and millions of others just like you, regarding a proven non-surgical alternative.

This proven, cost-effective (LESS than \$2.50 per day) natural alternative is covered in detail below.

#### **Method #2: Stem Cell Nutrition**



Assisting the Body's Natural Release of Adult Stem Cells<sup>†</sup>



This all natural vegan product is GMO free and contains no chemical additives, binders, fillers or preservatives.



Another Adult Stem Cell boosting factor that is now generating a lot of research and attention is known as Stem Cell Nutrition, or SCN. Unlike surgical procedures, Stem Cell Nutrition is 100% safe and a much more cost-effective option compared to Stem Cell Therapy.

Rather than injecting yourself with the Stem Cells of another human or animal, Stem Cell Nutrition is focused on promoting the release and circulation of your body's own Adult Stem Cells.

Stem Cell Nutrition has been described as a "Regenerative Therapy". A simple English explanation of this is: "Your body degenerates on a daily basis and this degeneration process accelerates as you age.

Increasing the number of circulating Adult Stem Cells has the potential to not only slow down the degeneration, but to actually regenerate the already damaged areas".

## Why is Boosting your Circulating Adult Stem Cell Numbers Critical?

Stem Cells are your body's internal first aid kit, with an incredible ability to heal and repair any organ or tissue.

Think of it this way.

If you purchased a new car 30 years ago and you looked after it by having regular maintenance and service performed on it, chances are the car is still in good working order with a lot of miles on it today.

If, however, you never bothered to have it serviced or even topped up the oil, how long would the car have lasted?

Well, with one critical exception, it is the same story with your body and the exception is this:

While you can always buy a new car, the body you have now is the only one you are going to get.

#### **How can I access Stem Cell Nutrition?**

One of the best ways to start benefiting from Stem Cell Nutrition is actually cost-free. All you need do is to simply make minor lifestyle changes such as modifying your diet to include foods known to support the release of Adult Stem Cells and then also restrict the intake of substances known to inhibit this process.

#### **Foods That Help**



In a nutshell, eat real food that comes from either a plant or an animal, not a box, wrapper, or can.

- 1: Lean meat, poultry, fish, and eggs ideally grass fed or wild caught.
- 2: Whole grains.
- 3: Vegetables and fruits. Any and all!
- 4: Legumes beans, peas, lentils, etc.
- 5: Healthy fats (olive oil, coconut oil, fish oil).
- 6: Berries, particularly blueberries, raspberries, blackberries.
- 7: Ginger root.

- 8: All nuts and seeds.
- 9: Mushrooms like shiitake and maiitake.
- 10: Fatty fish and seafood.
- 11: Cheese. (Real natural cheese only, not the chemically laden fake cheese sold by many companies as "Pasteurized Processed Cheese Food").

#### **Substances To Avoid**



- Refined sugar. This substance
  is by far the #1 enemy of
  Adult Stem Cells.
- Pastas, bagels, breads, crackers, cookies, cakes, or any other white flour-based foods.
- Sodas, energy drinks, fake sugar laden fruit juices, artificial sweeteners (aspartame, sucralose).
- Processed oils: corn, soybean, safflower, vegetable or anything with hydrogenated listed in the ingredients.
- 5. ALL packaged, processed foods. These food-like substances are devoid of nutrients and basically nothing more than a chemical soup loaded with food coloring, preservatives, trans fats, or sugar (and these foods have a ton of sugar in them).
- 6. Beer and Alcoholic spirits (except wine, particularly red wine, is actually beneficial).



Apart from dietary changes, there are other ways to naturally boost your circulating Adult Stem Cell levels.

Reducing the amount of physical and emotional stress in your life is critical.

Consuming nutrients known to reduce oxidative stress can provide numerous benefits.

Moderately increasing the amount of exercise you do is always a good idea.

Dropping any excess pounds you have gained over the years will also have a significant beneficial effect.

Taking a little time to meditate each day can make a difference.

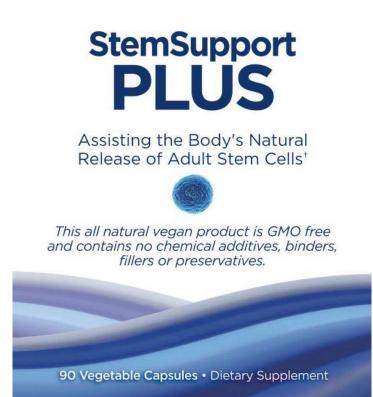
#### **Maximizing Adult Stem Cell Release**

On top of the recommended lifestyle changes listed above, there is one other inexpensive, scientifically proven method of generating a dramatic increase in the number of your circulating Adult Stem Cells each and every day.

Over the past 16 years or so, there has been a substantial amount of clinical research done that has conclusively shown that consuming certain herbal or botanical ingredients on a daily basis can lead to a massive increase in the number of circulating Adult Stem Cells in your body.

While we will cover these ingredients in detail later in this report, many of them are present in therapeutic amounts in our **StemSupport PLUS** product.

**StemSupport PLUS** has been scientifically formulated to support your body's release of your own **Adult Stem Cells** while also providing you with both **Telomere** and **Immune System** support.



While we do not make any claims that our StemSupport PLUS product is able to diagnose, cure, prevent, or treat any disease (unlike some of the Stem Cell Therapy clinics who are claiming all sorts of unproven miracles), we do know for a fact that many of the ingredients present in our product have been shown in clinical trials to dramatically increase the number of circulating Adult Stem Cells in the body.

# THE CRITICAL ROLE YOUR AGE PLAYS



As we mentioned earlier in this report, the number of circulating Adult Stem Cells in your body decreases as you age.

When you were a teenager, you had approximately 100 Trillion Cells in your body of which approximately 1 Billion were Circulating Adult Stem Cells.

- At age 30 the average number of circulating Adult Stem Cells have dropped to 400 Million (A 60% reduction).
- At age 50 the average number of circulating Adult Stem Cells have dropped to 250 Million (A 75% reduction).
- At age 60 the average number of circulating Adult Stem Cells have dropped to 100 Million (A 90% reduction).
- At age 80 the average number of circulating Adult Stem Cells have dropped to 50 Million (A 95% reduction).

For a very simple, easy to understand example of the detrimental effects of this decline, ask yourself this question: "When I was a child and I scraped my knee, how long did it take the wound to heal?"

As children heal incredibly quickly, your answer would probably be: "Only a couple of days."

Now, ask yourself this question. "If I had the same injury today, how long is the healing process going to take?"

A week or longer is the average answer if you are over 50. If, however, you are a diabetic over the age of 65, your answer could well be: "At least a month."

This time difference is a DIRECT result of the FACT that the number of circulating Adult Stem Cells you have in your aging body right now is a lot LESS than you had as a child.

You see, the simple fact of the matter is that the primary reason children's wounds and bones heal so rapidly when they are injured is because of their enormous supply of Adult Stem Cells. These Stem Cells are quickly released into the blood stream to prompt the physical healing and regeneration needed to repair the damage.

At your current age, however, you have less (or a lot less, if you are 50 or older) of your childhood level of Adult Stem Cells circulating in your blood.

This is a double-edged sword and both edges are detrimental to your overall levels of health, well-being, and longevity.

The cold, hard fact of the matter is that the older you get, the fewer circulating Adult Stem Cells you have at a time when your body desperately needs them the most.



As an exercise, think about every aspect of your current quality of life and compare it to where you were 10 and 20 years ago. Chances are that your current situation is a lot different to the one enjoyed by your younger self.

Now, ask yourself this simple question: "If it were possible to use Stem Cell Nutrition to effectively rewind my biological clock by 10 or 20 years, how much more enjoyable would my life become?"

While we do not have the space here to list all of the problems/conditions that Stem Cells are already known to address (The National institute of Health lists 74 of them on their website), we think that the following quote from one of the leading experts in Stem Cell science is appropriate.

Dr. David A Prentice Ph.D. is currently Vice President and Research Director for the Charlotte Lozier Institute and is also Adjunct Professor of Molecular Genetics at the John Paul II Institute, The Catholic University of America. His detailed paper to the President's Council on Bioethics stated the following:

"Adult Stem Cells have significant capabilities for repair, growth, and regeneration of damaged Cells as well as tissues in the body. It is akin to a built-in maintenance crew or repair kit that needs only activation and stimulation to accomplish this repair of damage.

It is the direct stimulation of Adult Stem Cells within tissue that may be the easiest, safest and most efficient way to stimulate tissue regeneration."

So, if the question is, "Who should be using Stem Cell Nutrition?" the answer is very simple.

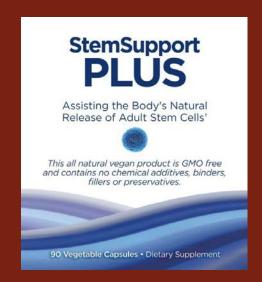
Any person, regardless of age, who wants to maintain or improve their physical and mental wellbeing should be using Stem Cell Nutrition.

Please understand that while it makes no difference what your current wellness situation is, the body you now have is the ONLY one you are going to get.

You and you alone are totally responsible for providing your body with all of the available nutritional support tools needed to nurture and protect it.

You can either be proactive and take steps to increase your overall level of health, well-being, and longevity, or you can pay the price later that failing to provide this support to your body will ultimately cost you.

The choice is yours, but please choose wisely.



Bobbi R. - WA

I am 88 years old and I fell and broke my hip 6/14/18 and had surgery 2 days later. I was on the StemSupport PLUS, Adaptogens, and other Greenwood products prior to the fall and continued taking them after surgery. They took away the discomfort. I used to be out of breath after walking short distances, but during physical therapy I was walking 300 steps without taking a break or getting winded.

The doctor said I had progressed more in 6 weeks than most at my age do in a year.

I was driving in 7 weeks. I am back active and enjoying my freedom because of how quickly my body is recovering.

When you give your body proper nutrition, it will repair itself.

Thank you Greenwood for all of your products. \*\*

#### The Negative Press Anything Stem Cell Related Generates

While we hope that this report has opened your eyes regarding the incredible possibilities that all of the ongoing research into Stem Cells is revealing, there is one other important factor to be aware of.

That factor is the Pharmaceutical Industry. They are not at all happy with anything even remotely related to proven Stem Cell advances for one very simple reason...Stem Cells threaten their profits.



Right now, the worldwide pharmaceutical industry is a ridiculously profitable \$1 Trillion dollar a year industry with immense lobbying and marketing power. The sheer amount of money they spend on all forms of paid media advertising, promoting their "approved" drugs, gives them a lot of clout arranging for discrediting publicity of anything that they cannot patent and then profit from.

There are many scientists involved with Stem Cell research who are excited about the fact that in the coming years, the applications of their research could lower our reliance on pharmaceutical drugs by anywhere from 20% to 40%.

While those figures are nothing except good news for consumers, the management of pharmaceutical companies consider Stem Cell research the greatest threat in existence to their obscene profit levels.

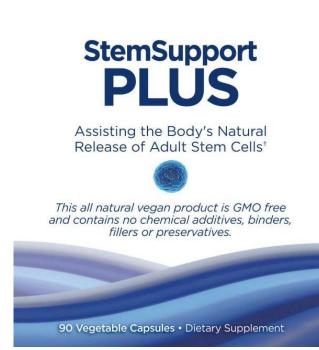
After all, removing \$200 to \$400 Billion from their yearly cash-flow is going to have a major negative effect on their revenue.

On the same note, but to a much lesser degree, there are some players in the Stem Cell Therapy industry who are already stating that Stem Cell Nutrition is a total waste of time for the same financial reasons.

They have a lot of time, effort and research money invested in their clinics and they would much prefer that people spent an average of \$30,000 with them instead of discovering for themselves the results they could obtain by spending less than \$70 a month on natural Adult Stem Cell solutions.

While we are going to provide you with a detailed look at our **StemSupport PLUS** product in the following pages, we would like to first make something perfectly clear: **StemSupport PLUS** is a Nutritional Supplement, not a Pharmaceutical Drug, or a Magic Bullet Cure for anything. We make no claims whatsoever that **StemSupport PLUS** is able to diagnose, cure, prevent, or treat any disease.

#### **StemSupport PLUS**



**StemSupport PLUS** is a scientifically formulated nutritional supplement containing a combination of synergistic ingredients known to provide three beneficial functions:

- Substantially increase the natural release of Adult Stem Cells.
- 2. Provide Telomere support.
- Assist with strengthening of the Immune System.

StemSupport PLUS is scientifically formulated using ingredients clinically proven to support the body's natural release of Adult Stem Cells as well as providing telomere and immune system support.\*

**Directions for use:** Take three capsules each morning.

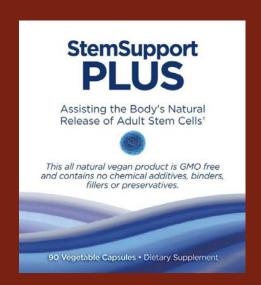
#### Supplement Facts:

Ingredients	Per Serving	%Daily Value*
Klamath Blue Green Algae (Aphanizomenon flos-aquae) concentrate	600mg	*
Fucoidan Extract (Undaria pinnatifida)	150mg	*
Proprietary Support Blend: Astragalus (Astragalus Membranaceus) Root, Sea Buck Spirulina Platensis (Arthrospira platensis), Amla Fruit ( Cordyceps Militaris Extract, Gotu Kola (Centella Asiatica HCL), Turmeric (Curcuma Longa) Root Extract 95% Curc (Camellia Sinensis) Leaf	Emblica officinal ) Herb, PEA (Phe	is) Extract, nylethylamine

Other Ingredients: Vegetable Cellulose (Capsule), Rice Bran Extract, Rice Concentrate

<sup>†</sup>Caution: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease. Please consult your physician before use. Store in a cool, dry place. Keep out of reach of children.

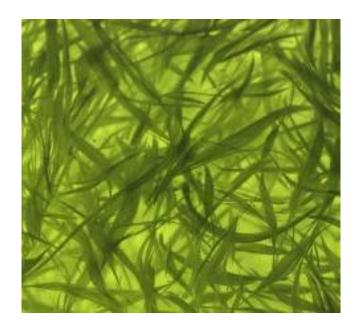
Proudly Manufactured in the USA for Greenwood Health Systems, Inc., Hutchinson, KS, 67501 **StemSupport PLUS** is also a totally "Clean Label" product manufactured in the USA by an FDA registered facility and certified cGMP (current Good Manufacturing Practices) by NSF. There are no chemical fillers. flow agents or preservatives used during the manufacturing process. Our flow agents are Rice Bran Extract and Rice Concentrate, which are both natural derivatives of Organic Rice. Our capsules are manufactured from Vegetable Cellulose, which is a natural dietary fiber that helps keep your digestive tract in good working condition.



Jacki S. - Texas

I started taking the StemSupport PLUS & Adaptogens combo 3 1/2 months ago and absolutely LOVE IT! I sleep better, my joints don't ache, muscles are more toned, and my strength and endurance have improved. Also, my hair and nails are growing faster, and my vision has improved to the point that I often catch myself reading emails without my reading glasses. I have two very active grandchildren, 4 yo & 18 months, that I can now run circles around. I love waking up every day knowing that for me this is like finding the Fountain of Youth, but it doesn't have to be a secret... I can share it with everyone. Thank you, Greenwood Health for these Amazing products! \*\*

#### **StemSupport PLUS Ingredients:**



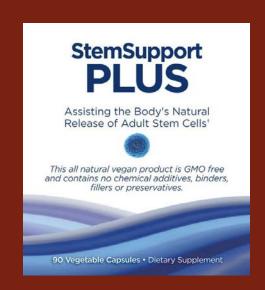
### Aphanizomenon flos-aquae (AFA) - Concentrate:

AFA is an organic blue-green algae that is one of the most nutrient dense foods on the planet.

AFA has 18 Amino Acids, 12 vitamins, 27 naturally occurring or essential minerals, and 11 pigments (some of which are precursor to other vitamins, enzymes and co-enzymes). Along with beta-carotene, AFA also contains bioflavonoids, RNA, superoxide dismutase, catalase, glutathione, selenium, and cysteine, making AFA one of the highest known sources of naturally occurring anti-oxidants or free radical scavengers.

Research has shown that consuming AFA on a daily basis supports the natural release of multiple millions more of your Adult Stem Cells each day. While the exact triggering mechanism is yet to be determined, it is believed that the fact that AFA contains an extraordinarily concentration of the blue-pigment phycocyanin may play a significant role.

AFA is also naturally high in mood enhancing Phenylethylamine (PEA). PEA has also been dubbed the "molecule of love" as it helps to create feelings of attraction, excitement and euphoria and also helps improve mental clarity.\*



Micheal C. - WA.

My Cholesterol and Triglycerides have been in the very high range for 4 years. I have tried diet and supplements which lowered the numbers, but they were still in the high range. I have been on the StemSupport PLUS & Adaptogens combo for 4 months and now for the first time in years my numbers are in the normal range. Thank You Greenwood Health! \*\*



Organic Fucoidan (Undaria pinnatifida) extract:

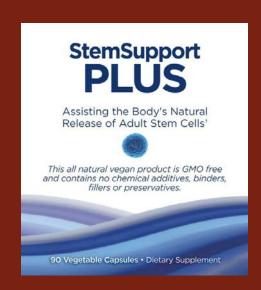
Fucoidans occur naturally in the Cell walls of brown seaweeds. They function to protect the plant from water-borne pathogens and other environmental challenges.

The Undaria pinnatifida extract in our product is a highly characterized, Certified Organic fucoidan extract. It is a natural seaweed compound that has been shown to be non-toxic and non-allergenic.

More than 1400 independent, peer-reviewed research papers have been published on the bioactive properties of fucoidan. This extensive body of evidence includes comprehensive in vitro investigations, animal studies and human clinical trials

Published research shows the potential for fucoidan compounds to:

- Increase the release of Stem Cells into the blood.\*
- Increase the amount of sticky receptors (CXCR4).\*
- Promote an increase in the number of immune Cells when fighting infection.\*
- Address both local and systemic inflammation.\*
- Exert anti-inflammatory activity in topical, oral and intravenous delivery systems.\*
- Inhibit selectins and adhesion of leukocytes.\*
- Inhibit pro-inflammatory COX and LOX enzymes.\*
- Stimulate repair mechanisms on the lining of blood vessel Cells.\*
- Exert anti-inflammatory effects.\*
- Reduce cholesterol uptake.\*
- Improve cholesterol and triglyceride balance in the blood.\*
- Promote anti-pathogenic activity in the digestive tract.\*
- Exert anti-inflammatory and soothing effects on the gut wall.\*
- Protect against liver disease and fibrotic damage.\*
- Reduce symptoms of ulcerative colitis, gut dysbiosis and inflammation.\*
- Exert anti-cancer activities, Cell-cycle arrest and apoptosis and modulate angiogenesis.\*
- Possess anti-tumorigenic properties.\*



**Beau & Peggy B. - Texas** 

I take StemSupport PLUS, as well as other Greenwood products, and it has helped me to get my unhealthy Blood sugar and all my numbers in the normal healthy range and I can read Line 10 on an Eye Chart for the first time in years.

My wife Peggy has a condition that causes tremors and discomfort on her right side. She started on StemSupport PLUS and has noticed a significant decrease in the tremors and lessened the discomfort. Because of this she is sleeping better and more relaxed. \*\*



### Spirulina Platensis (Arthrospira platensis):

Spirulina is a simple, one-Celled microscopic blue-green algae that became famous after it was successfully used by NASA as a dietary supplement for astronauts on space missions.

Spirulina contains an extraordinary antioxidant/polypeptide called phycocyanin. Phycocyanin is a blue pigment of color found in spirulina that has some really remarkable characteristics, the most exciting of which is that it has the ability to trigger the production of Stem Cells.\*

A recent study showed that spirulina could prevent inflammation-induced decreases in brain Stem Cell proliferation that accumulates with aging. This resulted in improved functioning of Stem Cell mitochondria, which improved energy utilization and reduced oxidative stress.\*

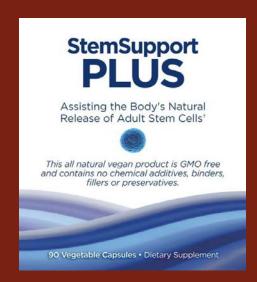
Spirulina has the ability to modulate immune functions and exhibits antiinflammatory properties by inhibiting the release of histamine by mast Cells.\*

Multiple studies investigating the efficacy and the potential clinical applications of Spirulina in treating several diseases have been performed and a few randomized controlled trials and systematic reviews suggest that this alga may improve several symptoms and may even have an anticancer, antiviral and antiallergic effects.\*

Spirulina is the richest beta carotene food, with a full spectrum of ten mixed carotenoids.\*

In 1994, a Russian Patent was awarded for spirulina as a medical food to reduce allergic reactions from radiation sickness.\*

Research confirms spirulina promotes digestion and bowel function. It suppresses bad bacteria like e-coli and Candida yeast and stimulates beneficial flora like lactobacillus and bifidobacteria.



Barb L. - IL

I have been taking StemSupport PLUS for 4 months and have experienced the following:

- 1. Blood pressure and blood sugars have improved.
- 2. I can function on 4-5 hours of sleep.
- 3. My nails and hair are growing faster than I can trim them.
- 4. No one believes I am 67 years old.
- 5. A two-letter diagnosis of 40 years remains silent. No more bugs crawling inside the skin and no more experiencing darts thrown into my body.
- 6. An alleged irreversible eye damage condition has improved 90%.

Thank you, Greenwood for an amazing product! \*\*

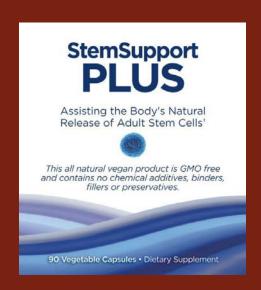


#### **Sea Buckthorn (Hippophae Rhamnoides):**

Sea buckthorn is a natural product with 1300 years of traditional uses and modern scientific research to back it up. The first written documentation of sea buckthorn berry dates as early as 13 centuries ago in a Tibetan book of healing arts called Sibu Yi Dian. Nearly a third of its pages are devoted to the revered holy fruit, the sea buckthorn. Its medicinal uses for healing and overall health and beauty have long been legendary.

Traditional health-related uses for the sea buckthorn berry include:

- Sustained energy levels.\*
- Improved Cellular health.\*
- Cardiovascular support.\*
- Healthy inflammation response.\*
- Joint support.\*
- Moisturizing dry and damaged skin.\*
- Improved immune health.\*
- A decrease in wrinkles and fine lines.\*



**Ginger B - Texas** 

I have been taking the StemSupport PLUS and Adaptogens for 3 1/2 months and my vision is improving, my hair is thicker and darker, and I am definitely getting stronger. I am 74 years young and twice a day I am dragging hay down to my horses, lifting 40 lb bags of feed and I am amazed that I am able to do it. \*\*



#### Astragalus (Astragalus Membranaceus):

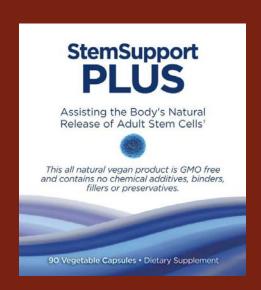
Astragalus root has been used for over 2000 years in Chinese medicine because of its antiaging benefits.

One of the key benefits of Astragalus is that it is known to boost the enzyme Telomerase.

Recent research indicates that the ends of chromosomes (i.e. telomeres) play a key role in aging. Telomeres shorten as we age, leading to aging at the Cellular level. Telomerase is the key antiaging enzyme that repairs the ends of chromosome (telomeres) by maintaining telomere length. Harvard scientists have shown that the fundamental cause of age-related health decline is linked to telomerase. Maintaining telomere length is important to help protect our DNA and support a healthy lifespan.

Other historical benefits of Astragalus include.

- Boosts the Immune system.\*
- Helps prevent cold and flu.\*
- Protects the Cardiovascular System.\*
- Great for the Kidneys.\*
- Increases Red blood Cells and oxygen delivery.\*
- Contains Antioxidative and Anti-Aging Capabilities.\*
- Enhances energy.\*
- Acts as an Anti-Inflammatory.\*



Kris C. - Iowa

I am 66 years old and I have suffered with joint discomfort for over a decade. I started taking the StemSupport PLUS & Adaptogens 3 months ago and have noticed a lot less joint discomfort and more energy. \*\*



#### **Cordyceps Militaris Extract:**

Mushrooms have been used as food and a medicine across the world since at least 5000 BC.

Cordyceps is an annual Ascomycetes fungus closely related to the mushroom. Although not actually a mushroom taxonomically, it has been described as an exotic medicinal mushroom in traditional Chinese and Tibetan medicine.

Traditional healers in Sikkim recommend the fungus/mushroom Cordyceps sinensis for "all illnesses" as a tonic, because they claim that it improves energy, appetite, stamina, libido, endurance, and sleeping patterns. \*

Cordyceps became popular with athletes in 1993 when two female Chinese athletes, who admitted to using cordyceps supplements, beat the world records in the track and field competition at the Stuttgart World Championships for the 1,500-, 3,000-, and 10,000-meter runs. The women were drug tested for any banned substances such as steroids and were negative. Their coach attributed the performance to the cordyceps supplementation.\*

Several studies have found that Cordyceps eases the physical effects of stress, including decreased inflammation and adrenal and thyroid response.

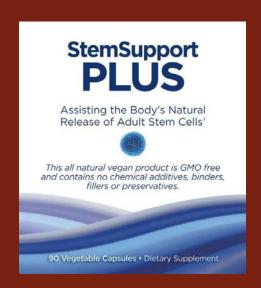
Cordyceps may improve various symptoms related to aging.\*

Cordyceps improved liver function and kidney function in patients struggling with each.\*

Multiple studies have shown that cordyceps can help in the safe management of blood sugar levels.\*

In a 2012 study, cordyceps polysaccharides were seen to overcome induced immunosuppression, while also helping to maintain lymphocyte and macrophage function within normal levels in mice.\*

Cordyceps have traditionally been used for helping to maintain libido and sexual function in many Eastern societies.



Barbara H. - NY

My eye doctor informed me no glasses needed and was surprised since I was 60. You do not want to wear your old glasses they may harm your eyes, only possibly reading glasses.

Thank you, Greenwood Health, for helping contribute to my heath and may help others as the only thing that has changed is feeding my body good nutrition that knows where to go and what needs to be assisted. \*\*



#### Gotu Kola (Centella Asiatica):

Pegged as the "herb of longevity," gotu kola is a staple in traditional Chinese, Indonesian, and Ayurvedic medicine. Practitioners claim the medicinal plant has the power to boost brainpower, heal skin issues, and promote liver and kidney health.

Popular with certain segments of society for its known ability to increase the potency of THC, caffeine, and sex hormones, it also provides significant wellness benefits. Recent research suggests: Gotu Kola May Help Mood Disorders Such as Depression.\*

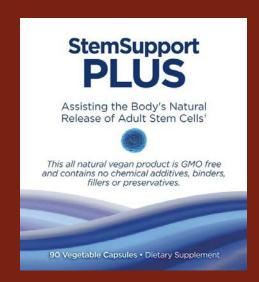
Gotu Kola may help with Alzheimer's.\*

Gotu Kola Reduces Inflammation.\*

Gotu Kola Protects Blood Vessels.\*

Gotu Kola Prevents Thrombosis.\*

Gotu Kola Increases Serotonin and Dopamine and Lowers Cortisol.\*



Janette B. - WA

I just turned 70 years young and am learning how to age even more gracefully. Since starting on the StemSupport PLUS & Adaptogens combo I have noticed an increase in strength when moving and lifting things, also my knees don't crack anymore. My endurance has improved along with my muscle tone and I am active all day. My memory has improved, no more taking the milk to the pantry!

My hair had been transitioning and I was loving my ash & silver color, but now I am enjoying my hair changing back to the color it was when I was younger. I'm amazed that my hair is growing faster and is thicker and healthier.

It's the hair I've always wanted. All these improvements I see on the outside,
I can only imagine what is going on on the inside. Thank you so much
Greenwood Health for these wonderful products. \*\*



### Amla Fruit (Emblica Officali) AKA Indian Gooseberries:

Amla (Indian gooseberries) have been used for centuries in Ayurvedic medicine to treat a wide variety of health conditions.

The single most mentioned fruit in all of Ayurveda (an ancient natural medicine practice used in India for the past 5,000 years), amla is a medicinal plant with incredibly effective capabilities to minimize inflammation and reverse chronic disease.

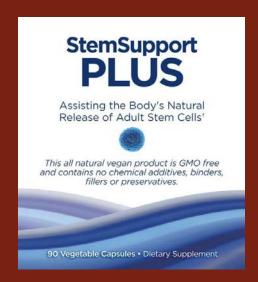
Amla fruit is the king of whole food antioxidants, boasting more antioxidant power than any other intact whole food. To gain some perspective, whole Indian gooseberries contain 75 times the antioxidant power of goji berries, 60 times the antioxidant power of pomegranate, 50 times the antioxidant power of raw blueberries, 13 times the antioxidant power of black raspberries, 2.5 times the antioxidant power of acai berries, and 2 times the power of ground turmeric.\*

Amla prevents health-related hyperlipidemia by reducing the number of free radicals in the body through its antioxidant qualities.\*

Due to its antibacterial and astringent attributes, Indian gooseberries protect against infection and improve the body's immune response.\*

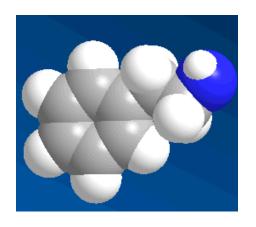
Amla powder strengthens the heart muscles, so the blood circulation is done throughout the body. By reducing excess cholesterol buildup, chromium in amla powder can reduce the chances of atherosclerosis or plaque buildup in the vessels and arteries.\*

Amla powder is traditionally used in many hair tonics as it enriches hair growth and hair pigmentation.\*



Teresa B. - WA

I am 58 years young and was diagnosed with a life-threatening condition 3 1/2 years ago. When introduced to the Greenwood products 4 months ago, I was weak and having difficulty taking the treatment the doctors recommended, it was difficult to focus or make decisions, which left me unable to drive. After taking the StemSupport PLUS & Adaptogens combo for three days, I was calmer, able to think clearer, focus and make decisions which enabled to start driving again. After a week and a half on the products I felt better than I had since before I got sick. This combination, along with some of the other Greenwood products, has allowed me to tolerate the treatments and medications without the normal side effects. Now four months later my overall health has dramatically improved. My skin is more vibrant, muscle tone and strength have improved, my energy has increased allowing me to do things that I haven't been able to do in years. I am enjoying life and my newly restored health. Thank you, Greenwood. \*\*



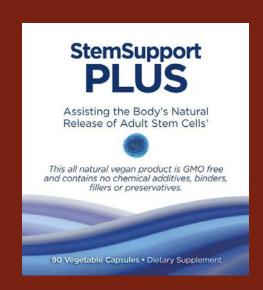
#### Phenethylamine HCL (PEA) AKA the Love Molecule:

PEA is a chemical produced naturally in the brain and is responsible for the good feeling you get when absorbed in a pleasurable activity.

In one study, a dose of 10mg a day of PEA reduced depression in 60% of patients (a success rate better than many prescription drugs) with no unpleasant side-effects.

Phenethylamine is produced by a wide range of species throughout the plant and animal kingdoms, including humans.

PEA creates a euphoric feeling of pleasure, reward, and joy, as it acts as an endogenous (or natural) amphetamine. For those that are unfamiliar, amphetamines are commonly prescribed for ADHD, and act as a central nervous system stimulant, causing a huge release of dopamine and norepinephrine. The neurotransmitters dopamine and norepinephrine, in turn, impact libido, energy, and excitement.



**David W. - MT** 

A year ago my kidney function was declining and my hands, as well as the rest of my body, were swollen and puffy. I was having a hard time getting around. I started on Stem Support PLUS 3 1/2 months ago. I noticed in a few days I was feeling better. Everyone could see the difference. The puffiness and swelling started going away, my color was coming back. After a couple of months I started working a few hours and getting my strength back. Three months after starting I found out my kidneys are functioning normally, and I feel great. I go hard and nothing can slow me down. \*\*



### Tumeric (Curcuma Longa) Root Extract Standardized to 95% Curcuminoids:

Turmeric is the spice that gives curry its yellow color.

It has been used in India for thousands of years as a spice and medicinal herb.

Recently, science has started to back up what Indians have known for a long time—it really does contain compounds with medicinal properties. Curcumin is the main active ingredient in turmeric. It has powerful anti-inflammatory effects and is a very strong antioxidant.

Curcumin Is a Natural Anti-Inflammatory Compound.\*

Curcumin Dramatically Increases the Antioxidant Capacity of the Body.\*

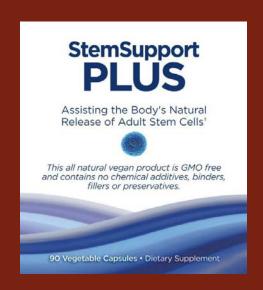
Curcumin Boosts Brain-Derived Neurotrophic Factor Linked to Improved Brain Function and a Lower Risk of Brain Diseases.\*

Curcumin Could Lower Your Risk of Heart Disease.\*

Arthritis Patients Respond Very Well to Curcumin.\*

Studies Show That Curcumin Has Incredible Benefits Against Depression.\*

Curcumin May Help Delay Aging and Fight Age-Related Chronic Diseases.\*



Pam J. - AR

I started the StemSupport PLUS, Adaptogens and 2 other Greenwood products, 3 weeks ago. The discomfort I had in my hands, my left knee and my hip are all gone. My eyesight is also improving and I am reading small print without my glasses, which I could not do before. \*\*



#### **GREEN TEA Extract (Camellia sinensis) Leaf:**

Green Tea is one of the most ancient and popular therapeutic beverages consumed around the world. This product is made from the leaf of the plant called "Camellia sinensis". It can be prepared as a drink, which can have many systemic health effects, or an "extract" can be made from the leaves to use as medicine.

Green tea is reported to contain thousands of bioactive ingredients which are almost all contributed by polyphenols which plays a key role in prevention and treatment of many diseases.

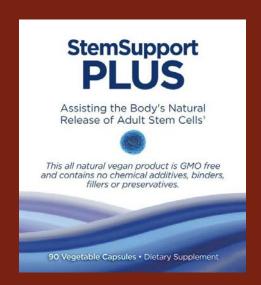
Recent research findings include:

Cardiovascular Health: The antioxidant properties of tea flavonoids may play a role in reducing the risk of cardiovascular disease by decreasing lipid oxidation, reducing the instances of heart attacks and stroke, and may beneficially impact blood vessel function, an important indicator of cardiovascular health.\*

Immune Function: Recent research indicates that tea contains a component that may help the body ward off infection and disease.\*

Oral Health: The flavonoids in tea may inhibit plaque formation, while the fluoride in tea may support healthy tooth enamel.\*

Stress Reduction: Tea is a natural source of polyphenols, which are a class of antioxidant that help your body maintain homeostasis. These polyphenols also help lower the amount of cortisol in the body after a stressful event. Research suggests that with enough polyphenols circulating in your body, the negative effects of excessive cortisol can be counteracted. Tea is also a source of L-theanine, an amino acid that also helps your body fight off stress. Theanine relies on its natural psychoactive abilities to not only decrease mental and physical stress, but also improve various cognitive abilities. Additionally, it's believed to strengthen the immune system.



Lynn B. - OK

I suffered with a debilitating condition for 20 years that left me in severe discomfort over my entire body, in bed much of the time and I was put on permanent disability. The condition effected my mood as well. I was introduced to stem cell nutrition 5 years ago and over time noticed my discomfort diminished, mood improved and I was able to get back to work. In fact, my doctor told me that I didn't need him any longer, just keep doing what you're doing. I switched to StemSupport PLUS & Adaptogens when they were released 3 months ago. I felt they were stronger and more affordable. I am 69 years old and getting younger by the day. My hair is growing faster than it ever has, getting thicker and getting blonder. I am working at a pace that I did when I was in my teens. \*\*

### IN CONCLUSION

For those of us just wanting to maintain optimal health, or address the effects of aging, injury, or day to day wear and tear, a smaller but steady release of our existing Stem Cells into the bloodstream can produce considerable health benefits.

When **StemSupport PLUS** is used as a daily supplement over time, the stimulation of billions of additional Stem Cells in the bloodstream could be one of the safest and most efficient methods for maintaining optimal health yet discovered.

We all know that we need vitamins, minerals, antioxidants, good food and exercise to help maintain optimum levels of overall wellness.

While all of these are important, they cannot rebuild the body. None of them can actually bring back new tissue, bone, organs, or any part of the body.

Medicines alter or aid the body's response to health issues. But, they do not rebuild any part of the body. While traditional health supplements are great for nourishing existing Cells, they do not create new Cells.

That is why **StemSupport PLUS** should be part of your wellness arsenal.

Thanks for taking the time to read all of this material.

Respectfully,

S.K. Haley.

### MANDATED DISCLAIMERS

#### \*FDA Disclaimer:

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#### \*\* Testimonials Disclaimer:

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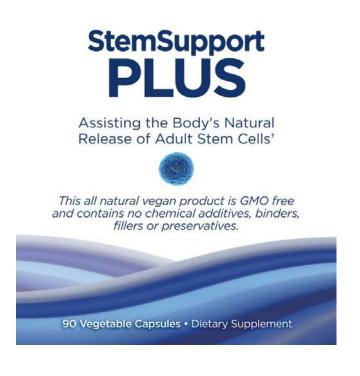
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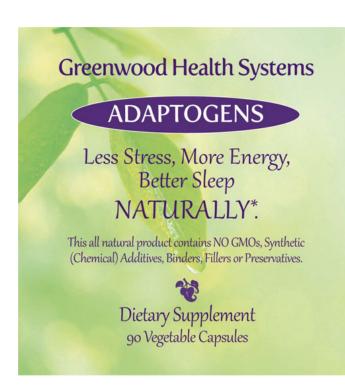
# Our Adaptogens product is the perfect companion product for StemSupport PLUS.

For full details on how to start taking advantage of all of the benefits StemSupport PLUS and Adaptogens provide.

**Please contact: Mike Staehling** 

Email: Nicomm@USA1.info

Phone: 815-648-4400



#### **Directions for use:** Take three capsules each morning. Supplement Facts: Serving size: 3 capsules Servings per container: 30 Vitamin C (As 50% Calcium Ascorbate & 50% Magnesi Vitamin D3 (Cholecalciferol) 600% 2.0001 /itamin B1 Thiamine (Thiamine H 30mg Vitamin B3 Niacin (Niacinamide) Vitamin B5 Pantothenic Acid (d-Calcium Pantothenate) 100mg 400mcg 400mcg Vitamin B12 (Methylcobalamin 30mg Magnesium (Magnesium Ascorbate) Adaptogen Proprietary Blend Adaptogen Proprietary Blend Ashwagandha Extract (Root) Withania somnifera, Schizandra Extract (Fruit) Schisandra chinensis, Rhodiola Extract (Root) Prodiciola rosea, Ginseng (Root) Panax ginseng, Shiitake Mushroom (Whole) Lentinus edodes, Maca (Root) Lepidium meyenii, Holy Basil (Leaf) Ocimum sanctum, Maral (Root) Rhaponticum carthamoides Wellness & Joint Support Proprietary Blend 7 Chlorella vulgaris, Turmeric Extract (Root) Curcuma Ionga, L-Glutamine, Taurine, L-Tyri (Trimethylglycine) TMG, Cayenne pepper (Fruit) Capsicum annuum, Trace Mineral Ble †Percent Daily Values are based on a 2,000 calorie diet. \*Daily Value not established Other Ingredients: Vegetable Cellulose (Capsule), Rice Bran Extract, Rice Concentrate \*Caution: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease. Please consult your physician before use. Store in a cool, dry place. Keep out of reach of children. Proudly Manufactured in the USA for Greenwood Health Systems, Inc., Hutchinson, KS, 67501